



# 4-H Grows & Glows

## 1 Mile Run/Walk

**Thursday July 26, 2018**

**Benton County Fairgrounds**

**Registration 8pm**

**Race 9pm**

**Registration \$20**

**Turn in registration to Extension office by July 5 to receive t-shirt**

**Checks can be made payable to: Benton County 4-H Council**

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Shirt Size for Adult: S M L XL XXL XXXL

Shirt Size for Youth: S M L

RELEASE:

I, \_\_\_\_\_ (print name), acknowledge that my participation in the 4-H Grows & Glows Run/Walk involves a risk of injury, including bodily injury, and assume the risk for same. On my own behalf and on behalf of my heirs and legal representatives and to the fullest extent permitted by law, I hereby release and discharge The Benton County Fairgrounds/4-H Council and their respective directors, officers, employees, affiliates, members, agents and representatives, of and from any and all liability for injury, death, or damages and/or any other claims, demands, losses or damages, losses or damages incurred by me in connection with any aspect of the run and walk.

\_\_\_\_\_  
Signature Date

